



Thank you to Nursing Home residents and staff across Tennessee and South Carolina for sharing their art and heartfelt stories.

"Hearts"

**STORY BY: KIM UZONYI
RECREATION DIRECTOR
NHC HOLSTON
KNOXVILLE, TN**

"I knew this would be a fun and colorful art session for me. I'm very happy with it," remarked Zelma — an active art session participant. Her diagnosis doesn't keep her from finding pleasure in weekly, therapeutic art sessions.



Holston's recreation partners presented Jim Dine's Hearts as an opportunity for art enthusiasts to share this project with their peers. One art participant created colorful images for the negative space and the other designed the positive space.

Zelma found it very easy to apply a variety of color and cheerfulness to emulate the original artist's work. In fact, she went on to design the whole project independently and with confidence in her work. She's proud to share with the Thrivin4Life Line News subscribers."

More from NHC Holston...



"Creating art is literally rainbows and smiley faces for Claude! 'I do like to put faces in my art.' This resident-artist can be seen smiling throughout each art session. Most of his compositions have a smiley face in them, whether in the clouds, fields, plants, or animals."

"Peggy says, 'It gives me chills all over when I look at my completed artwork! I can't believe I did this. I feel like I have a talent I never knew I had until I started coming to the art sessions.'"



"LaSalle remarks, 'One of my most favorite things to do is art because God has made so many beautiful colors, and I like using them all to create and explore with.'"

In Celebration of Easter



"Accessible for All"

**STORY BY: AMBER ARRINGTON
DIRECTOR OF COMMUNITY PROGRAMMING
MARTHA FRANKS RETIREMENT COMMUNITY
LAURENS, SC**

"This church reminds Joyce of a house of worship she attended in the past, but one distinction was made. The church in her artwork does not have steps. She discussed how this church would be accessible to all who wished to attend. Without steps, her walker would allow her to move freely throughout the building (and the same access would be available for those who utilize a wheelchair or cane)."

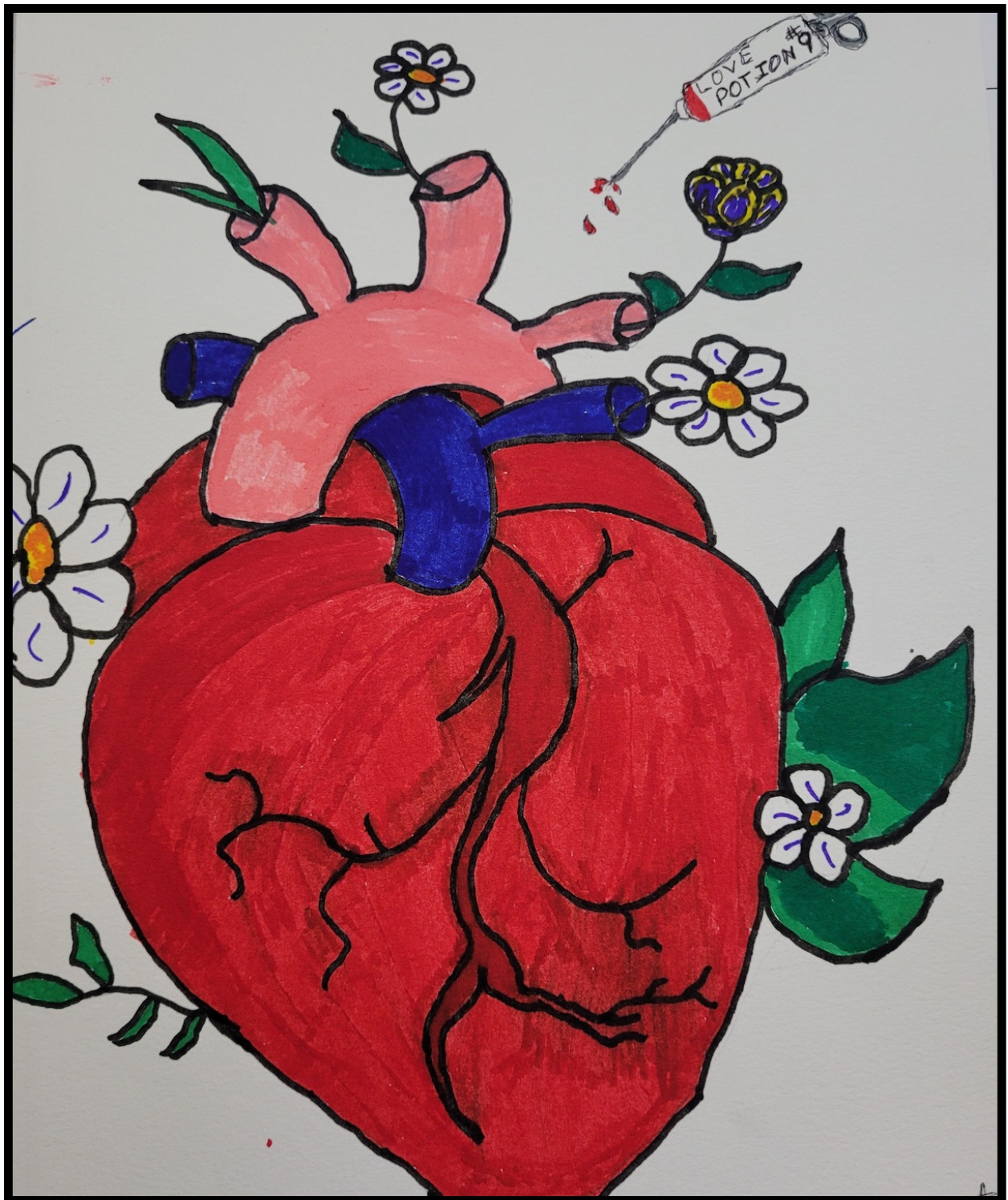
"Love Potion #9"

SUBMITTED BY:
STEPHANIE PRIVETTE
ACTIVITY DIRECTOR
VIVANT HEALTHCARE
BRISTOL, TN

"This is one of my favorite songs!"

— Sherry, Resident-Artist

*"I didn't know if it was day or night. I started kissin' everything in sight. But when I kissed a cop down on 34th and Vine, he broke my little bottle of Love Potion #9."
(by The Searchers released in 1963)*



More Valentine's Art from Viviant Healthcare Bristol, TN

"Valentines and Candy for
My Sweetheart"

— Howard, Resident-Artist

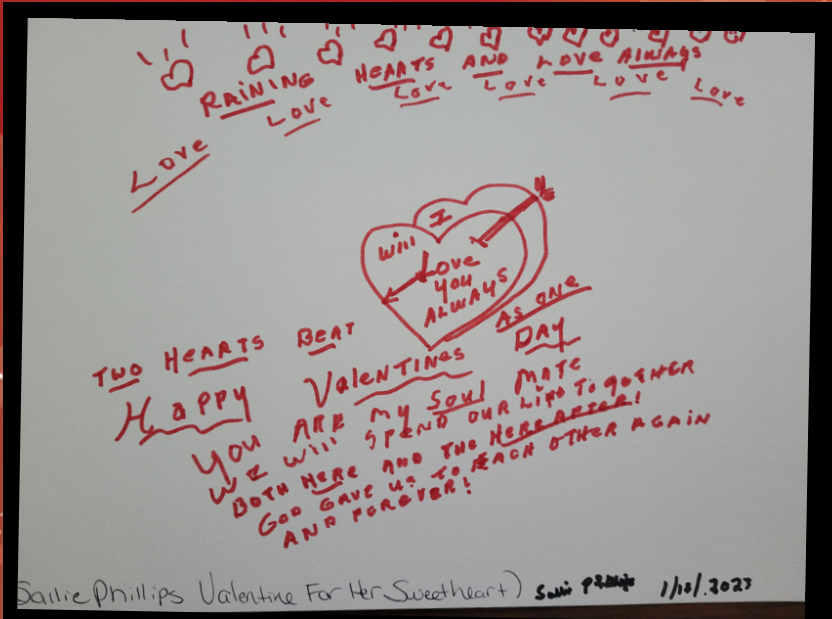


"My House on
Valentine's Day!"

— Dolly, Resident-Artist

"Valentine for My
Sweetheart"

— Sallie, Resident-Artist





Spring & Trips to the Beach at Spring City Care & Rehab in Tennessee

SUBMITTED BY:
DEBBIE EARLY
ACTIVITY DIRECTOR

"Showing Off the Birds & Preparing for the Art Show."

— Lynn, Resident-Artist



"The Ocean with a Bird in the Tree"

— Shirley, Resident-Artist



"Going to the Beach and Enjoying the Palm Trees"

— Patsy, Resident-Artist

"More Art for the Show"

— Lynn, Resident-Artist



"Palm Trees with Some Added Color"

— Vickey, Resident-Artist



"Loving the Trees"

— Wilma, Resident-Artist





***"Love is in the Air" at
NHC Murfreesboro, TN***

**SUBMITTED BY:
CAITLYN SCOTT
ACTIVITY DIRECTOR**



"Love4Life"

The Thriving4Life nonprofit organization is excited to announce our "Love4Life" challenge! Purchase balloons for any occasion and deliver them to the residents, patients, and staff of a care center of your choice. Send us your photos and story. We'll publish it on our website to help inspire others.

Thriving4Life has chosen Valentine's Day as our annual day to share the love. We've been doing this for years. Now, we invite YOU to join us!



John & Thema are still in love after 60 years!

**WHITE'S CREEK WELLNESS
& REHABILITATION CENTER
WHITE'S CREEK, TN**



Ho, Resident

**WHITE'S CREEK WELLNESS
& REHABILITATION**



Robert & Tommy, Residents - pictured with Thriving4Life Project Manager, Lorrie Primm

**NHC HEALTHCARE
LEWISBURG, TN**



The Art4Life Program State-wide Initiative

is made possible by:

**Tennessee Technological University's
Whitson-Hester School of Nursing**

and grant funding complements of:

the Centers for Medicare & Medicaid Services

in partnership with

**the Tennessee Department of Health &
the Tennessee State Agency**

and

**the South Carolina Department of Health &
Environmental Control**



*Happy Valentine's Day
& Happy Easter!*

You Can Help!

DONATE



Thriving4Life, Inc.
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