



***Thank you to Nursing Home residents and staff across Tennessee and South Carolina for sharing their art and heartfelt stories.***

## ***"The Tree"***

**STORY BY: MINDY REEVES  
SOCIAL WORKER  
SALUDA NURSING & REHAB  
CENTER - SC**

***"Christmas is my all-time favorite time of the year. The season brings joy, peace, and beauty to a hurting world. At Christmas, people tend to spark and spread love. This tree spreads great light and beauty.***

***When my daughter turns sixteen years old, I'm taking her to see the Rockefeller Center Christmas Tree in New York City. I long to see it in person and create a special memory that my daughter and I can always treasure."***







**SUBMITTED BY:**  
**CHRISTY BOWLIN**  
**ACTIVITIES DIRECTOR**  
**BEECH TREE HEALTH &**  
**REHABILITATION - JELICO, TN**

*"Martha had a smile that lights the room when she was creating her art. She began by sharing aloud to the art group, 'When I was little I loved to roll down the hill behind our house into the hay. All these colors warm my heart. They bring back so many memories of being with my loved ones. During the fall of the year, when the colors are so bright, I was always with my family outside doing things. From work to play, we enjoyed the colors and always knew we had each other. As the years have passed and*

*I look back, some family members are still with us and some are gone, but these memories remain and help keep them close... in my mind and in my heart.'"*

## **"My House"**

*"This is the house I grew up in. It had a creek that flowed in the back. As children, we always went to the creek.*

*Momma told us not to go, but we always did it anyway. When it rained, the creek would overflow and come up really close to the house."*

— **Sandra,**  
**Resident**



**SUBMITTED BY:**  
**ASHLEY HURT**  
**ACTIVITIES DIRECTOR**  
**STONES RIVER MANOR ADVANCED CARE**  
**MURFREESBORO, TN**



# A Nice Day for Art on the Patio with Residents at White's Creek Wellness & Rehab!



*"Hernandez enjoys using pastel colors. This piece reminds him of a calm place — where you can hear nature speaking."*

*Thomas loves to draw and he also loves dogs! Recognize Scooby?"*

**SUBMITTED BY:  
GLEN MOORE  
LIFE ENRICHMENT DIRECTOR  
WHITE'S CREEK WELLNESS &  
REHAB - TN**



# CHRISTMAS MEMORIES FROM VIVANT HEALTHCARE OF BRISTOL

*"Christmas at home with family."*

— Dolly,  
Resident >

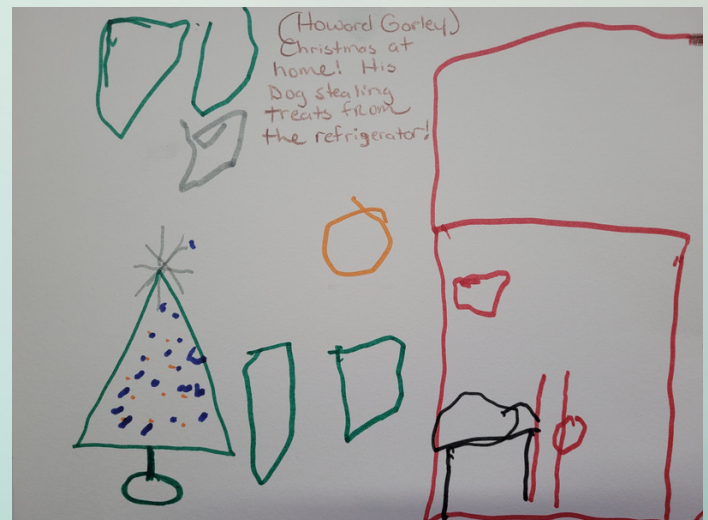
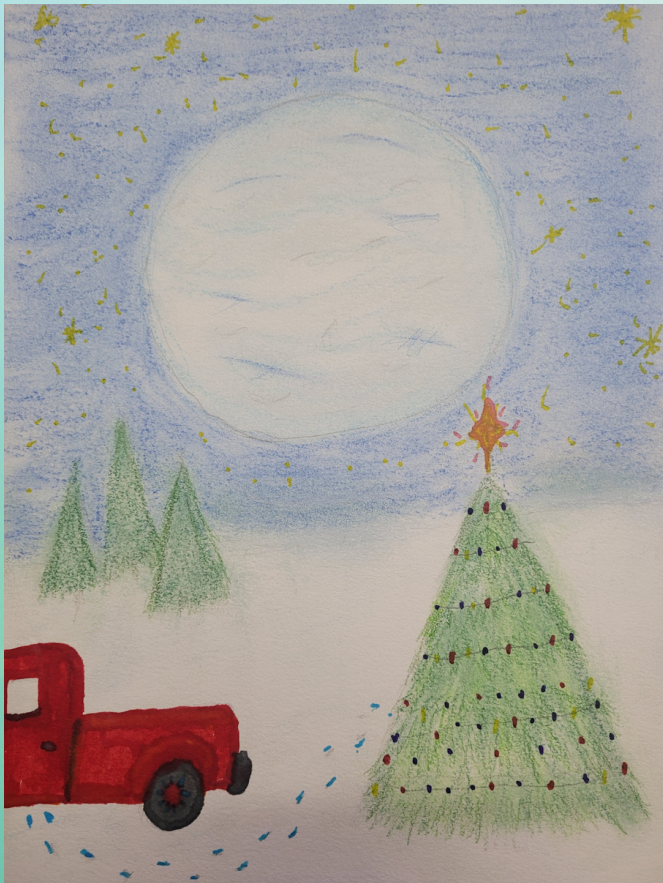


< *"Christmas at home with family and presents."*

— Dixie,  
Resident

*"Christmas at home and my dog stealing Christmas treats from the refrigerator."*

— Howard,  
Resident >



< *"My dad's truck named 'Hannah' and the Christmas tree we used to cut down each year."*

— Sherry,  
Resident

SUBMITTED BY:  
STEPHANIE PRIVETTE  
ACTIVITY DIRECTOR  
VIVANT HEALTHCARE OF BRISTOL, TN





**Merry Christmas!**

**The Art4Life Program  
State-wide Initiative**

is made possible by:

**Tennessee Technological University's  
Whitson-Hester School of Nursing**

and grant funding complements of:

**the Centers for Medicare & Medicaid Services**

in partnership with

**the Tennessee Department of Health &  
the Tennessee State Agency**

and

**the South Carolina Department of Health &  
Environmental Control**

**You Can Help!**

**DONATE**



Thriving4Life, Inc.  
is a tax exempt charitable organization  
under 501(c)3 of the  
Internal Revenue Service Code.

**SUBSCRIBE**

