



PHOTO: SUE, RESIDENT-ARTIST

"I Feel So Much Better—I Just Love Jesus"

"In her first Art4Life program session, Sue was asked to draw something that was close to her heart or a picture of her happy place.

She immediately began shading colors with chalk pastels. A huge smile formed across her face. When I asked what she was remembering, she said, 'My husband who has passed on was the love of my life. He was my heart.'

Sue was unusually anxious at the beginning of her second Art4Life session. She stated, 'I'm so nervous. I'm so nervous.' As she continued to listen to the calming Zen music playing softly in our designated creative area, she began to relax naturally—without medication. After shading colors, Sue began to draw more defined images. She stated, 'This makes me feel so much better. I just love Jesus.'

As a Life Enrichment Director, I've found that providing a designated area that is away from noise and distractions makes all the difference when our resident-artists are getting creative. Playing inviting, soft Zen music helps establish that welcoming, safe setting for sharing thoughts, emotions, life experiences, and memories. The staff often wander in during our art sessions and even participate because the room is so relaxing and calming to them as well."

— **STORY BY: SHERRI MILES, ADC
LIFE ENRICHMENT DIRECTOR
MEDFORD NURSING CENTER - DARLINGTON, SC**

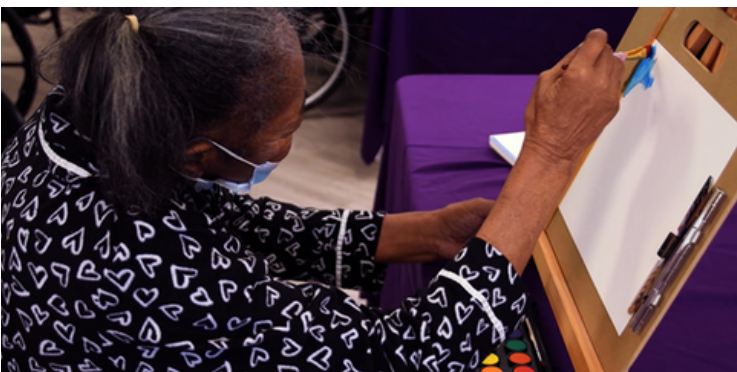
"Painting Brings Out My Creativity"

STORY BY: SHEKEITA JONES
ACTIVITIES DIRECTOR
SUMTER EAST HEALTH & REHAB CENTER
SUMTER, SC

"Ms. Hudson enjoys painting as well as arts and crafts. She says it 'brings out her creativity and gives her arms and hands a workout following her stroke.'"



PHOTO: MS. HUDSON, RESIDENT-ARTIST



"Halloween"

STORY BY: PAM HURLEY
ACTIVITIES DIRECTOR
NAGNOLIA MANOR OF SPARTANBURG
SPARTANBURG, SC

"Halloween was our theme in October. Elaine created this piece and said that it makes her think of when she was a young child."



PHOTO: ELAINE, RESIDENT-ARTIST

"Preparing for the Art Exhibit & Auction"

STORY BY: DEBBIE EARLY
ACTIVITIES DIRECTOR
SPRING CITY CARE &
REHABILITATION CENTER
SPRING CITY, TN



PATSY, RESIDENT-ARTIST

"We've been talking about Spring, which we hope is right around the corner, and creating lots of artwork since our art event is scheduled for March 25th. We frame the art and place it in our Dining Room.

Staff, family members, and residents enjoy the opportunity to appreciate and bid on the art. The highest bidder gets to take the art home with them. We also serve food and refreshments during the event.

The money from the auction is used for more activity projects and to purchase additional frames for next year's show.

This is one of our resident-artists' favorite things to do."



"Patsy talked about how much she enjoyed swimming in the lake when she was growing up."



LYNNE, RESIDENT-ARTIST

"Lynne has been enjoying drawing her birds and rabbits. Happy Easter! Happy Spring!"

"Loving Spring"

SUBMITTED BY: LORI KILLMEYER
ACTIVITIES DIRECTOR
PRUITTHEALTH AT CONWAY
MEDICAL CENTER
CONWAY, SC



LINDA, RESIDENT-ARTIST



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