



PHOTO: THERA, RESIDENT-ARTIST & KATELYNN, CNA

"How We Celebrated National Nurses Week"

STORY BY: JAZMYN CORDER
LIFE ENRICHMENT LEADER
WELLMORE OF LEXINGTON, SC

"For this art session, we included our entire nursing staff! RNs, LPNs, and CNAs each partnered with one of our resident-artists and created an image that represented their similarities.

Our Art4Life team provided ice breaker questions to get the staff and residents thinking about what makes them happy. Everyone enjoyed taking time out to de-stress and spend some quality time together. Each resident's artwork contains elements the resident and their nursing partner value strongly—or things they love. It was a great opportunity to celebrate our clinical team's hard work and create something meaningful and artistic in the process. We can't wait to have another Art4Life session with our resident-artists and staff!"

The Art4Life team at Wellmore of Lexington, SC knows how important it is to create their own art along with their residents—to help build confidence.

It doesn't have to be perfect... to be a masterpiece!



MARY, RESIDENT-ARTIST & SARAH, CNA (STORY PG 2)

"Friends"

STORY BY: MARY, RESIDENT-ARTIST
WELLMORE OF LEXINGTON, SC

"We decided to title our artwork 'Friends.' Sarah was my partner. We both have children that we love very much, so we drew our kids. We both wear glasses and love looking at balloons. And, we always try and find a rainbow after it rains."



"A Mixture"

PHOTOS: GINA, RESIDENT-ARTIST & SARAH, CNA

STORY BY: SARAH, CERTIFIED NURSING ASSISTANT - WELLMORE OF LEXINGTON

"Gina titled her work 'A Mixture.' She used all her favorite colors to create her painting. Within her art, she saw a clown and a dog, as well as her favorite snack—Cheetos!"



More Art from Wellmore of Lexington, SC

STORIES BY: JAZMYN CORDER
LIFE ENRICHMENT LEADER

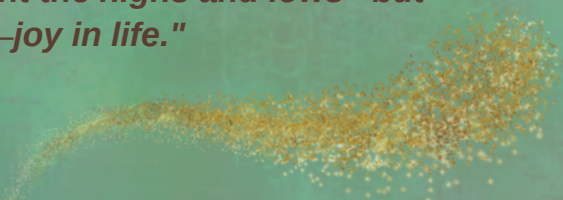
"Frog Jumping Buildings"

"After creating his abstract art, Bill looked at his painting as if he were looking at the clouds. In his art, he found a frog jumping skyscrapers."



"Joy in Life"

"In her blobs of color, Bess saw the letter 'B' in the bottom corner and surrounding the letter are bright, dull, and all shades of colors. She stated the 'B' stands for Bess. The colors around represent the highs and lows—but—overall—joy in life."



"PUPPIES IN THE PARK" BY MARY, RESIDENT-ARTIST



VIVIAN, RESIDENT-ARTIST

"Honor Our Roots"



**STORY BY: PATRICIA, RESIDENT-ARTIST
WHITE OAK OF NEWBERRY, SC**

"When reflecting on the American flag, there's a sentiment that is felt by undoubtedly most Americans. We are blessed as a country, and it not only symbolizes a dream for freedom, but it's rooted in the foundation of 'In God We Trust.'"

"At the Beginning I Was a Little Skeptical"

About the Art4Life Program

**STORY BY: ASHLEY HURT
ACTIVITIES DIRECTOR
STONES RIVER MANOR
MURFREESBORO, TN**

"So, at the beginning of this journey, I have to admit I was a little skeptical. Not about the art itself, but about how my residents would respond to the art sessions.

Let me just tell you, I do not have that feeling anymore. I am part of a very small community—30 beds. We are a rehab/long-term care facility. With activities, I have struggled to get things the residents like. Since COVID, it has been even more of a challenge to get my residents out of their rooms.

When my facility first started the Art4Life program, we had two residents attending sessions. Now we have up to six residents in the program. Some of these residents never attended any activity. But, one day I happened to get them to an art session.

Now they not only attend almost every session— they even attend other, different activities. Thriving4Life has changed my activity program in a good way. I am so thankful for the opportunities this program has given my residents."

"In this art session, we learned how to draw a pot of gold. We took the gold coins and wrote what fills our pots. My residents had so much fun."



"These Guys Love Art4Life!"

Inspiration Is Free-Flowing

SUBMITTED BY: WILL GALLAGHER
ACTIVITIES DIRECTOR
ANGEL OAK NURSING & REHAB
MYRTLE BEACH, SC



"SMELLING THE BUSH" ^

STORY BY: BECKY, RESIDENT-ARTIST

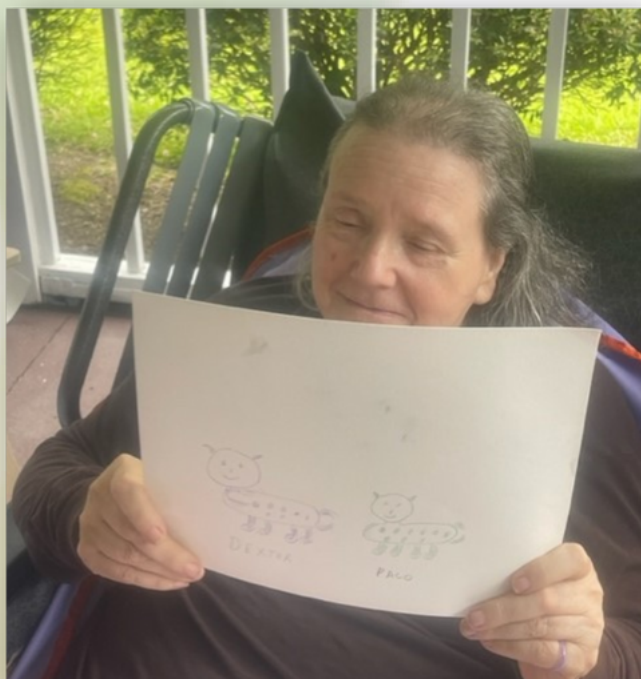
"When I was about four or five years old, I saw a pretty bush that I would shove my nose into. I remember it smelled so good!"



^ "THE OCEAN"

STORY BY: SAM, RESIDENT-ARTIST

"The ocean used to smell really good when I was little!"



"GOOD TIMES AT THE OCEAN" ^

STORY BY: JOYCE, RESIDENT-ARTIST

"I love the smell of the ocean. It always brings back good memories!"



^ "SNOW PEAS"

STORY BY: FRANCEEN, RESIDENT-ARTIST

"I love snow peas because they remind me of my mother and father."

More from Angel Oak Nursing & Rehab



"WILLOW TREE" ^

STORY BY: PATTY, RESIDENT-ARTIST

"This is the tree I played in when I was growing up."



"ENJOYING MY FAMILY AT THE MOUNTAINS" ^

STORY BY: CHARLOTTE, RESIDENT-ARTIST

"This represents memories of going on vacation with my family. Good memories!"



"THE LAKE" ^

STORY BY: MEREDITH, ACTIVITIES ASST

"This lake is in my backyard. I just love it!"



"WEEPING WILLOW TREE" ^

STORY BY: SHELVEY, RESIDENT-ARTIST

"I used to love watching this tree blow in the breeze."

"Spring Beans Coffee & Art On a Sleeve!"

Now That's Getting Creative

STORY BY: DEBBIE EARLY
ACTIVITIES DIRECTOR
SPRING CITY CARE &
REHABILITATION CENTER
SPRING CITY, TN

"Our resident-artists are enjoying Spring and all the flowers in bloom. They drew and colored flowers — something that brings them comfort.

They've teamed up with Spring Beans Coffee in our community. Our resident-artists draw and color on the coffee shop's hot cup sleeves. The staff at Spring Beans Coffee say they get compliments about the drawings, and their customers enjoy getting one of their artwork pieces on a sleeve."



PATSY, RESIDENT-ARTIST



LYNN, RESIDENT-ARTIST



LINDA, RESIDENT-ARTIST

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& Environmental Control

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